



# Samoëns

## Botanical Garden



Open every day until the first snowfall.  
Open from 8am to 12pm and from 1.30pm to 4.30pm.

## Fishing



Rivers, mountain lakes and the 2nd lake at the Samoëns leisure centre.  
Information and purchase of fishing permit at the Tourist Office.



## Media centre



Open Mondays, Tuesdays, Thursdays and Fridays from 4pm to 6pm.  
Open on Wednesday and Saturday from 10am to 12pm and from 3pm to 6pm.  
Closed on Sundays  
+33 (0)4 50 34 95 77



## Petit Train



Guided tour of the village.  
Groups of 15 or more only.  
On request: +33 (0)6 10 40 83 08



## With 2 wheels

Bike hire (MTB, Road, Gravel, Enduro...):

- *X'Trême Glisse* +33 (0)4 50 89 82 30
- E-fat Scoot - One Wheel hire :
- *ESI Samoëns* +33 (0)4 50 53 38 92

Prices: consult the service provider directly



## Paragliding

First flights or courses can be booked with the following providers

- *Spirale parapente* +33(0)7 83 83 95 74
- *Tontons volants* +33(0)6 20 30 75 53
- *Pégase air*+33(0)4 50 34 95 80
- *Bureau Zig Zag* +33(0)6 31 20 44 10



## Tennis

Tennis court hire on the Ten'up app - €12/hour





# Around Samoëns

## Farm visits



- Ferme des Cimes Monday to Friday at 2.30pm by prior arrangement +33(0)6 79 88 07 21



## Wellness activities

Come and relax with our well-being activities in Samoëns.

- Athmosphère +33(0)6 82 91 68 04
- Pasquier Mariel +33(0)6 11 39 65 99
- Yoga du visage- Muriel +33(0)6 52 75 94 14

## Pastry classes



Classes given by Ana Maria De la Fuente Amarante, professional pastry chef.

Group classes on request.  
For bookings, call +33(0)6 61 50 84 13

## MORILLON



### Equestrian centre

Equita passion offers guided pony and horse rides.

Lac Bleu leisure centre.

Booking essential on +33(0)6 03 57 17 01.



## TANINGES

### Maison du Patrimoine



Located in the rue des Arcades, in the heart of the old town of Taninges, this is an exhibition and visitor centre dedicated to the heritage and skills of the Jacquemards.  
Free admission.

## Samoëns Tourist Office

+33 (0)4 50 34 40 28

[www.samoens.com](http://www.samoens.com)

# ACTIVITIES AND LEISURE

SPECIAL  
AUTUMN



Samoëns  
À EN TOMBER AMOUREUX

